Serial No. 10/743,178

## Amendments to the Specification:

Please replace paragraph beginning at line 14, on page 13, with the following amended paragraph:

Means 30 may include rotary members 34 and 35, a housing or receptacle 30a, and a tension exerting torsion spring element 32 received within 30a. The line 24 is typically wound onto or off members 34 and 35 and spring force is exerted by 32 on the members in a line winding direction, to provide the counterbalancing force or tension referred to. That force is maintained as the shade or blind is raised or lowered to stable adjusted position, and static friction may be provided in or by one or more elements of the means 30, acting to hold the lower member 13 at selected height adjustment. Since only one line 24 is typically spooled at members 34 and 35, the sizes of 34 and 35 may be minimized to fit within channel 12.